## **WASHINGTON YOUTH ACADEMY**



## Today's Challe NGe... Tomorrow's Success

### COMPLETE APPLICATION PACKET

<b>Application for Class:</b>	☐ January to June 201
	☐ July to December 201

Washington Youth Academy Admissions Department 1207 Carver Street Bremerton, WA 98312 1-877-228-8947

http://mil.wa.gov/WYA

\*\*NOTE: This application is to be filled out and all documents submitted using the Applicant's LEGAL name – as it appears on their birth certificate only. Use of nicknames or any names other than as it appears on the birth certificate will result in a delay of your application process.\*\*



## Washington Youth Academy Application ALL ITEMS ON CHECKLIST MUST BE COMPLETE AND TURNED IN BEFORE



## YOU WILL BE CONSIDERED FOR ADMISSION!

FILL OUT THE FOLLOWING FORMS FOR THE YOUTH APPLICATION SECTION	Page
WYA Form 1 – Mandatory Eligibility Criteria	2
WYA Form 2 – Applicant Background Information (2-page Document)	3, 4
WYA Form 3 – Contact Information	5
WYA Form 4 – Student Goals & School Counselor Information	6
WYA Form 5 – Authorization & Release for Background Check	7
SEND A COPY OF THE FOLLOWING ITEMS FOR THE YOUTH APPLICATION	SOURCE
Social Security Card – Signed if Applicant is over 18	SS Office
Proof of Legal US Residency (Passport, US Birth Certificate, Federally Recognized Tribal ID card, Valid Legal Immigration Card (I-551, I-571, I-688, I-688B, I-766), US Certificate of Naturalization (N-550), Certificate of US Citizenship (N-560) Hospital Record of Birth is NOT sufficient	Court/Licensing
Copy of US Government Issued Photo ID	Court/Licensing
High School Transcript(s) – current transcripts from the last school the applicant attended (including alternate, trade or other school). Transcript must include the cumulative GPA, total credits attempted and total credits earned.	FROM SCHOOL
<b>High School Credit Evaluation</b> – This should include the applicant sitting down with a school counselor and comparing credits required to graduate to credits earned by student. Every school has a different form for this. Include this form with your application.	FROM SCHOOL
Copy of Your IEP & 3 Year Eval or 504 Plan if you have one.	FROM SCHOOL
Copy of Juvenile Criminal History Record – Please go to the website listed below to obtain your student's Juvenile Criminal History through the Washington State Patrol WATCH. Carefully read and follow instructions on the website and order the \$10.00 Name and Date of Birth Criminal Background Check. Be sure to use applicant's LEGAL name as it appears on their birth certificate only.  http://watch.wsp.wa.gov	FROM WEBSITE LISTED
FILL OUT THE FOLLOWING FORMS FOR MEDICAL APPLICATION SECTION	PAGE
WYA-MED-1 – Pre-participation Physical Evaluation – Medical History (3-page Document)	8, 9, 10
WYA-MED-2 – Pre-participation Medical Evaluation – Doctor & Dental Physical	11
WYA-MED-3 – Pre-participation Medical Evaluation – Doctor Clearance Letter for Mental & Physical Conditions	12, 13
WYA-MED-4 – Certificate of Immunization Status	15
WYA-MED-5 – Understanding of Limited Medical Services (2-page Document)	16, 17
WYA-MED-6 – Authorization to Release Medical Information	18
SEND IN COPIES OF THE FOLLOWING ITEMS FOR MEDICAL APPLICATION	SOURCE
Medical, Dental & Vision Insurance - Copy of the front AND back of current cards.	Parent
FILL OUT THE FOLLOWING FORMS FOR MENTOR APPLICATION SECTION	PAGE
FILL OUT THE FOLLOWING FORMS FOR MENTOR APPLICATION SECTION  WYA-Mentor 1 – Prospective Mentor Information	
FILL OUT THE FOLLOWING FORMS FOR MENTOR APPLICATION SECTION  WYA-Mentor 1 – Prospective Mentor Information  WYA-Mentor 2 – Mentoring Agreement – Ensure applicant and guardian have signed this form!	PAGE 23 24
FILL OUT THE FOLLOWING FORMS FOR MENTOR APPLICATION SECTION  WYA-Mentor 1 – Prospective Mentor Information  WYA-Mentor 2 – Mentoring Agreement – Ensure applicant and guardian have signed this form!  WYA-Mentor 3 – Mentor Training Commitment	PAGE 23
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FILL OUT THE FOLLOWING FORMS FOR MENTOR APPLICATION SECTION  WYA-Mentor 1 – Prospective Mentor Information  WYA-Mentor 2 – Mentoring Agreement – Ensure applicant and guardian have signed this form!  WYA-Mentor 3 – Mentor Training Commitment  WYA-Mentor 4 – Authorization for Mentor Background Check  WYA-Mentor-5 – Mentor Liability Release	PAGE 23 24 25 26 27
FILL OUT THE FOLLOWING FORMS FOR MENTOR APPLICATION SECTION  WYA-Mentor 1 – Prospective Mentor Information  WYA-Mentor 2 – Mentoring Agreement – Ensure applicant and quardian have signed this form!  WYA-Mentor 3 – Mentor Training Commitment  WYA-Mentor 4 – Authorization for Mentor Background Check  WYA-Mentor-5 – Mentor Liability Release  WYA-Mentor 6 – Mentor Reference-Personal	23 24 25 26 27 29

### **KEEP THIS PAGE FOR YOUR RECORDS!!**

Youth PRINTED Last Name	Youth PRINTED First Name



Youth PRINTED Last Name\_\_\_\_

## Washington Youth Academy Application WYA Form 1 - MANDATORY ELIGIBILITY CRITERIA



PURPOSE: This form lists the eligibility criteria that are mandatory to apply for and attend the Washington Youth Academy. This form must be signed by both the applicant and the parent/guardian.

APPLICANT					Date of	,	,	
IT APPEARS CERTIFICAT			Firet	Middle	Birth:	/	/	
		Last	First	Middle	V	C == 40 == =	land of alasa	
☐ Yes	☐ No		8 years old when to n Youth Academy	ne class starts?	You cannot be 1	5 or 19 on d	ay 1 of class	
☐ Yes	☐ No	Are you a US citi State?	izen or legal reside	ent of the United	l States and a re	sident of W	ashington/	
☐ Yes	□ No	high school diple 1) no longer atten 2) enrolled in scho	cchool drop out? O oma or certificate ad school, or ool but have a histo a school credits and	from an equivalery of poor attenda	ent school/prog	ram?		
☐ Yes	☐ No	Have you been a crime?	accused of commi	tting a crime or	are currently un	der indictm	ent for a	
☐ Yes	☐ No	Have you been o	convicted of a crim	ne and awaiting	sentencing?			
☐ Yes	☐ No	Are you current	ly on parole or pro	bation?				
☐ Yes	☐ No		y employed? If yes s/week					
☐ Yes	□No	to attend the WY, on the first day of	m the use of illega A must agree to vol- f class and will be re- separation from the	untary drug testine- e-tested during th	ig. Applicants will e 22-week progra	be tested for	or illegal drugs	
☐ Yes	□ No		Ily and mentally ca will be made for ide					
☐ Yes	□ No	special education Academy and his must be a curren environment, inc needs without a usually reviewed evaluations nor th is the applicant's	y have an Individual or with IEPs or 504 torically have done to IEP or 504 Plan and cluding small class special education every 3 years, must ne plan should expiritesponsibility to wor illuation processes p	Plan are welcome well in programs and a statement at size and staff size and staff size current and ir e within the residant with their home.	ne to apply for the nationwide. Inclu ffirming that "the student ratio will are in addition, the ncluded in applicate edistrict to complete in a district to a district to complete in a district to a dis	e Washingto ded in the a structured, I meet the s e IEP or 504 ation. Neithe student is at ete the upda	n Youth pplication disciplined student's evaluations, or the the WYA. It ated IEP or	
Youth Applic	Youth Applicant signature Date							
Parent/Legal	l Guardian s	ignature			Date			

\_\_\_ Youth PRINTED First Name\_\_



# Washington Youth Academy Application WYA Form 2 - APPLICANT BACKGROUND INFORMATION



APPLICANT IT APPEARS BIRTH CERT	ON		ast		First	ı.		Middle	<b>,</b>	Date o Birth:	f		/	/	
Social Secu	urity	Number:								Male					Female
ADDRESS:							Hon	ne Pho	ne:						
	Stree	et					Cell F	Phone:							
							Mess	age Phor	ne:						
	City	Cou	inty	State	Zip	code	Emai	il Addres	s:						
Physical De	escr	iption and	l Der	nograpl	nics:										
Height:		Weight:		Hair	Color:	☐ Br	own		Blo	ond		Black		☐ Re	
				Eye	Color:	☐ Br	own		На	zel		Blue		☐ Gı	een
Physical Markin	gs (sc	ars, birthmark	s, tatto	oos, piercir	ngs, etc):										
Ethnicity:		Race:	_	American				Asian						•	Hispanic
☐ Hispanic or L	_atino			Alaskan N Of more the or Multiract	nan one r	race		Caucas	sian	or White			Origin) Native Pacific	Hawa	ian or Other
☐ NOT Hispani Latino								Other							
What is the pri				in your h	ome?										
What is your fa		s annual inc \$15,000		,000 🗆	\$25,00	0 - \$35	5,000		\$35	,000 - \$45	5,000	)	□ Мо	re tha	า \$45,000
Do you or any n		=	sehold	receive Pu					Ye			No			
If yes, type of as	ssistar		ood Stash Ai		Free		duced	school I	unc	h					
			ther:	u j	_   Ivieu	licai									
Is one or both o	f your	parents or leg	gal gua	rdians cur	rently inc	arcera	ited?		Yes	3		No			
Youth Challe Have you ever b If yes, who	een a	candidate in	the W	YA or any	other Ch	alleNG	Se Pro	gram?			Ye	S		No	
		u leave?		Other:	e Drug T	est				dical Reas ciplinary F		ons			
Who do you l	ive w	`		you live											
Are you:		A Fost Child?	1		Adopte					neless			N/A		
Are you in the Washington or		urt in Washir	ngtoní				of		Yes				No		
		If yes, are y			Ward of State			(	Cou						
How many peo	•	n your house	ehold?	(Write in	how ma	any pe	eople	live in y	/ou	r house)-	<del>)</del>				
Are you Marrie					Yes				No						
Do you have C	Childre	en?			Yes: How M	lany?_		<u> </u>	No						



# Washington Youth Academy Application WYA Form 2 - APPLICANT BACKGROUND INFORMATION (continued)



Education:								
School Name:			D	strict:				
Are you currently Enrolled in H	ligh School?			☐ Yes			] No	
If no, how long have y	ou been a dro				s than 1 year		More than 1	year
What grade are you co		9 10	11	12				
Have you officially withdrawn f		4mama	<u> </u>	Yes			No No	
Have you ever been expelled of If yes, Date(s):	or suspended	from HIGH school' Why?	<u>(</u>	Yes			] No	
' ' ' '	/ /							
[use back if needed]	/ /	Why?						
Are you home schooled?				☐ Yes			] No	
If yes, by whom?								
Do you have any learning disa	bilities?			☐ Yes			] No	
If yes, explain:								
Do you have a:			gh School D	ploma		Certificate	¬ No	
Are you a member of a gang  Criminal History:	or amiliated w	ın a gang?				Yes _	_ No	
	lin augoties -	d arrected as asset	vioted for a	rim o 2		V00	□ No	
Have you ever been involved  If yes please provide deta						Yes [	No No	
Date:	Crime:	ipieted Diversion o	Probation	or Result	Result:	ik ii necess	ary).	
Date.	Chine.				ixesuit.			
Date:	Crime:				Result:			
Date.	0111101				rtocut.			
Are you currently involved in	any legal prod			_				
Awaiting Trial	닏	Awaiting sentence		□ 0	n Probation/I	Diversion		
At-risk youth petition Risk Factors:	<u>п                                    </u>	Truancy/BECCA E	BILL					
-				7 V	□ Na			
Do you smoke or use any toba WYA is tobacco-free. Will you	ho able to qui	t emoking/using tol	hacco? [	Yes Yes	☐ No ☐ No	□ N/A		
Have you ever abused alcohol	l or been intox	icated?	<u>Бассоя                                   </u>	] Yes	□ No	□ IN/A		
Have you ever used illegal dru			?	Which or				☐ No
Have you ever been treated or				Where/W				☐ No
How did you or your family	find out abo	ut the Washington	n Youth Ac	ademy:				
☐ Newspaper	☐ Web	site		up a Bro				
Friend		Station:		Studen				
Relative	YMC			ation by	WYA Repres		here?	
Radio Station:		School Staff (nam	ne):		Phone or 6	email:		
Do you know anyone else ap If yes, who	plying for the	same class?	_			Yes	☐ No	
Your signature below ensures that all information provided is true and accurate to the best of your knowledge and you understand that any false or omitted information will be grounds for not being accepted or for dismissal.								
Youth Applicant signature						Date	) 	
Parent/Legal Guardian sign	nature					Date	<del>)</del>	



Youth PRINTED Last Name

## **Washington Youth Academy Application**



**WYA Form 3 – CONTACT INFORMATION** 

PURPOSE: This form provides routine and emergency contact information about the applicant's parent(s) and/or legal guardian(s). Unless designated otherwise, contact will be made in the order listed; i.e. #1 Parent/Legal Guardian first, and then #2 Parents/Legal Guardian, and then the #3 designated Alternate if we can't reach the first two. This information will be secured and protected.

## IF YOU ARE NOT LISTED ON THIS PAGE OR ELSEWHERE IN THE APPLICATION, WE WILL NOT BE ABLE TO GIVE YOU ANY INFORMATION DURING THE TIME YOUR CADET IS ENROLLED AT THE WASHINGTON YOUTH ACADEMY

Primary Parent / Leg Authorized to pick-up applic Last Name:	ant at the school?  Yes First Name:	☐ Female ☐ No : Middle Name:	
Address:	City:		
State:	Zip code:		
Home Phone:	Cell Phone:	Work/Message Phone:	
Email:			
Relationship to applicant:	Parent	☐ Step Parent ☐ Other	
	Legal Guardian	☐ Grandparent	
2. Primary Parent / Leg Authorized to pick-up applic Last Name:		☐ Female ☐ No : Middle Name:	
Address:	City:		
State:	Zip code:		
Home Phone:	Cell Phone:	Work/Message Phone:	
Email:			
Relationship to applicant:	Parent	☐ Step Parent ☐ Other	
	Legal Guardian	☐ Grandparent	
3. Alternate Emergence Authorized to pick-up application Last Name: Address:		Male	ə: 
State:	Zip code:		
Home Phone:	Cell Phone:	Work/Message Phone	e:
Email:			
Relationship to applicant:	Grandparent	☐ Step Parent ☐ Other	
	☐ Legal Guardian	☐ Sibling	
Youth Applicant signature		Di	ate
Parent/Legal Guardian signa	ature	Da	ate

Youth PRINTED First Name\_





**WYA Form 4 - STUDENT GOALS** 

\*\*\*THIS FORM IS A MANDATORY PART OF THE APPLICATION PROCESS\*\*\*

**PURPOSE**: In applying to the WYA, you're making a statement – a commitment about wanting to change your life and create a future for yourself. Success is unlikely if you're doing this for someone else or for the wrong reason(s). Please tell us what you hope to accomplish by attending the WYA? **Student Goals must be filled out by the youth**.

YOUTH APPLICANT NAME:		
What do you hope to accomplish by attending the WYA?		
Opportunity to earn up to 8 certified high school credits and return to m	y high school or Junior Colleg	e to complete High School
☐ Opportunity to enroll in a vocational training program	☐ Opportunity to earn a	GED
☐ Personal sense of accomplishment, self-esteem, & self-discipline	Opportunity to emplo	yment
☐ Opportunity to enlist in the military service	Opportunity to enroll	in college
☐ Other		
Success in the Youth Challenge Program and the Washington Youth Acad willing to work hard to achieve his/her stated goals. <b>This is a mandatory</b> you want be doing—in the next year and a half? #1 (6 months):		
#2 (12 months):		
#3 (18 months):		
How will the WYA help you achieve these goals?		
Types of jobs you would like to do or would like to explore:		
SCHOOL & COUNSELOR INFORMATION – TAKE THIS TO YOU	JR HIGH SCHOOL COUN	SELOR TO FILL OUT
Counselor Name:	School Phone Number	··
Work Email Address:	School Fax Number:	
Student's SSID (State Student ID #)		
***PLEASE ENSURE HIGH SCHOOL TRANSCRIPT AND CREDIT EVAL	UATION ARE ATTACHED TO	THIS APPLICATION***
Graduation Requirement: In order to graduate from the WYA, each student must have a verifiable pl another school, getting a job, joining the military, etc. This placement will everything we can to help you achieve it. Your signature below indicates placement as a condition of graduation.	be your goal and your respons	sibility and we will do
Youth Applicant signature		Date
Parent/Legal Guardian signature		Date



Student/applicant name:

## Washington Youth Academy Application WYA Form 5 - AUTHORIZATION TO RELEASE CONFIDENTIAL



## **INFORMATION**

PURPOSE: In processing your application, there may be a need to confirm or clarify personal information you provide with an outside agency. This form authorizes us to contact those agencies and exchange information necessary to properly review and evaluate your application. This is also needed to run the youth applicant's criminal background check.

Birth date:

ounty where student/applicant currently lives:	
her Washington counties student/applicant has lived:	
AUTHORIZATION TO RELEASE INFORMATION:	
I hereby authorize the State of Washington, its counties, its cities, and its agencies all pertinent information with the Washington Youth Academy (WYA) regarding, be substance abuse history, referral history, court status, family or social services into medical conditions, and any other information requested by the WYA relevant to the quality of life of the student/applicant named above.	ut not limited to, the following: erventions, documented
I understand that these records are protected under the federal or state confidenti cannot be disclosed without my written consent unless otherwise provided for in the compliance with the most prominent of the federal protections for participant privated Educational Rights and Privacy Act (FERPA), also known as the "Buckley Amend confidentiality of student records to some extent, while giving students the right to	ne regulations. WYA is in cy including the Family ment." FERPA protects the
I also understand that I may revoke this consent at any time except to the extent and that in any event this consent automatically expires thirty-six (36) months from accepted and I am officially registered as a student in the WYA.	
Signatures:	
Youth Applicant signature	Date
Parent/Legal Guardian signature	Date





### WYA-MED-1—PREPARTICIPATION PHYSICAL EVALUATION—MEDICAL HISTORY

**PURPOSE:** This **MEDICAL HISTORY FORM** must be completed by parent or guardian, student AND Primary Care Physician in order for the student to participate in the Washington Youth Academy—a **22 Week residential program which utilizes a highly structured, quasi-military format.** Understandably, the student will need to be able to withstand the physical and emotional stressors during their transition into the WYA lifestyle. These questions are designed to determine if the student has developed any condition which would make it hazardous for them to participate in the WYA academic/athletic program.

	Stude	nt Pri	inted Name	Sex	Age	Date of Birth
	Grade	=	Allergies	Current Medications _		
	Perso	nal P	Physician Name	Physician	Phone	
	answ	vers t	S" ANSWERS MUST BE EXPLAINED IN DETAIL O to. Written clearance from a Physician, Physician restions answered with a "YES" before any partic	Assistant, Chiropractor	or Nurse <sup>°</sup>	Practitioner is required for all
1	YES	NO	Have you had a medical illness or injury since your	last check up or sports phy	sical?	
2			Have you been hospitalized overnight in the past ye	ear?		
3			Have you ever had surgery other than a tonsillector	my?		
4			Have you ever had joint surgery (knee, ankle, hip, e	elbow, wrist, shoulder, spine	e, neck)?	
5			Have you ever had a medical problem, illness or inj	ury in the past 5 years?		
6			Have you ever passed out during exercise?			
7			Have you ever gotten unexpectedly short of breath	with exercise?		
8			Do you get tired more quickly than your friends do	during exercise?		
9			Have you ever been dizzy during or after exercise?			
10			Have you had high blood pressure or high choleste	rol?		
11			Have you ever had a racing of your heart or skipper	d heartbeats?		
12			Have you ever been told by a doctor that you have	a heart murmur?		
13			Has any family member been diagnosed with enlarged longQT syndrome or other ion channelpathy (Bruga			
14			Has any family member or relative died of heart pro	blems or of sudden, unexp	ected dea	th before age 50?
15			Have you ever had a severe bacterial/viral infection	(ie: myocarditis or mononu	ıcleosis) w	vithin the last month?
16			Has a physician ever denied or restricted your parti	cipation in sports due to an	y heart pro	oblems?
17			Have you ever been diagnosed with or treated for s	ickle cell trait or sickle cell	disease?	
18			Have you ever had a head injury or concussion?			
19			Have you ever been knocked out, become unconsorthous many times?  When was the last concussion?  How severe was each one?	•		
20			Have you ever had a seizure?			
21			Do you have frequent or severe headaches?			
22			Have you ever had any problems with your eyes or	vision?		
23			Do you wear eyeglasses, contact lenses or other pr	otective eye wear?		
24			Have you had an eye exam within the last 12 month	ns?		
25			Are you missing any paired organs (kidney, lung, te	esticle)?		
V	outh P	RINT	FD Last Name:	Youth PRINTED First	Name <sup>.</sup>	





### WYA-MED-1—PREPARTICIPATION PHYSICAL EVALUATION—MEDICAL HISTORY

ALL "YES" ANSWERS MUST BE EXPLAINED IN DETAIL ON THE ATTACHED PAGE. Circle questions you don't know the answers to. Written clearance from a Physician, Physician Assistant, Chiropractor or Nurse Practitioner is required for all bolded questions answered with a "YES" before any participation in the Washington Youth Academy program.

}	<b>YES</b>	NO	10								
26			Are you currently taking any prescription or non-prescription (over the counter) medication of	Are you currently taking any prescription or non-prescription (over the counter) medication or pills or using an inhaler?							
27			Have you ever been diagnosed with asthma? Medications currently taken for it:	<del></del>							
28			Do you have any allergies (ie: pollen, medicine, food, latex, insects)?								
29			Do you have seasonal allergies that require medical treatment?								
30			Are you diabetic or hypoglycemic?	ou diabetic or hypoglycemic?							
31			Do you take insulin shots or medication for diabetes or hypoglycemia? If so, please indicate	you take insulin shots or medication for diabetes or hypoglycemia? If so, please indicate what type and how often:							
			Type: How often:	· · · · · · · · · · · · · · · · · · ·							
32			☐ Do you have any current skin problems (itching, rashes, acne, warts, fungus, blisters)?								
33			Have you ever had heat exhaustion, heat stroke, heat cramps or similar heat-related proble	ms?							
34			Have you ever had numbness or tingling in your arms, hands, legs or feet?								
35			Have you ever had a stinger, burner or pinched nerve?								
36	Have you ever used any special protective or corrective equipment or devices that aren't usually used for your sport or posi (ie: knee brace, neck roll, foot orthotics, retainer on teet, hearing aid)?										
37			Have you ever had a sprain, strain or swelling after injury?								
38		☐ Have you broken or fractured any bones or dislocated any joints?									
39			Have you had any other problem with pain or swelling in muscles, tendons, bones or joints?								
40			Do you want to gain or lose weight?								
41			Do you lose weight regularly to meet weight requirements for your sport?								
42			Have you ever been treated for an eating disorder?								
43			Do you have a history of bed wetting?	o you have a history of bed wetting?							
44			Have you had a dental exam in the last 12 months?								
45			☐ Do you wear any dental appliances such as braces, bridge, plate, denture or retainer?								
46			Are you now or have you ever received counseling or treatment for ANY psychological or m	ental/emotional condition?							
47			Have you ever been diagnosed or treated for anger management, anxiety, panic attacks or	violent outbursts?							
48			Have you ever threatened or attempted suicide?								
49			Have you ever been diagnosed with a psychiatric or psychological disorder?								
	Wher How How	n was much many	es Only:  vas your first menstrual period? When was your most recent per  uch time do you usually have from the start of one period to the start of another?  any periods have you had in the last year?  vas the longest time between periods in the last year?	iod?							
	mains	. Neith	restood that even though precautions and safety measures are taken during our physical training program, the pleither the Washington Youth Academy staff nor the school representative assumes any responsibility in case a	an accident occurs.							
	do her repres	reby rec sentative	judgment of any representative of the school, the above student should need immediate care and treatment as y request, authorize and consent to such care and treatment as may be given said student by any physician, a tative. I do hereby agree to indemnify and hold harmless the school and any school or hospital representative of such care and treatment of said student.	thletic trainer, nurse or school							
	If, bet	ween th	on this date and the beginning of class cycle, any illness, injury or condition should occur that may limit this studied authorities of such illness or injury.	dent's participation, I agree to notify							
	Student Signature Parent/Legal Guardian Signature Date										
				•							





WYA-MED-1—PREPARTICIPATION PHYSICAL EVALUATION—MEDICAL HISTORY

IF YOU ANSWERED "YES" TO ANY QUESTION ON THE PRECEEDING 2 PAGES, YOU MUST FULLY EXPLAIN WHY YOU MARKED "YES."

Write the number of the question and an explanation on the lines provided below.

EXAMPLE:	49—I have ADHD and I am taking Adderall for it.
	·



### WYA-MED-2—PREPARTICIPATION PHYSICAL EVALUATION



\*Physical Evaluation must be within a year of class start date.
\*Dental Evaluation must be within 6 months of class start date.
\*Both Physical and Dental Evaluations are REQUIRED.

PHYSICAL EVALUATION	
Student Name	Sex Age Date of Birth
Height Weight BMI	
Immunizations Current? Y / N If not, why?	
The following information must be filled in and signed b of Physician Assistant Examiners, a Registered Nurse re	by either a Physician, a Physician Assistant licensed by a State Board recognized as an Advanced Practice Nurse by the Board of Nurse orms signed by any other health care practitioner will not be accepted.
NOR- MAL (Check each item in appropriate column, enter "NE" if not evaluated.)	ABNOR- NOR- MAL (Check each item in appropriate column, enter "NE" if not evaluated.)  ABNOR- MAL
A. HEAD, FACE, NECK AND SCALP	O. PROSTATE (Over 40 or clinically indicated)
B. EARS - GENERAL (INTERNAL CANALS)	P. TESTICULAR
(Auditory acuity under items 39 and 40)	Q. ANUS AND RECTUM (Hemorrhoids, Fistulae) (Hemocult Results)
C. DRUMS (Perforation)	R. ENDOCRINE SYSTEM
D. NOSE	S. G-U SYSTEM
E. SINUSES	T. UPPER EXTREMITIES (Strength, range of motion)
F. MOUTH AND THROAT	U. FEET
G. EYES - GENERAL (Visual acuity and refraction under items 28, 29, and 36)	V. LOWER EXTREMITIES (Except feet) (Strength, range of motion)
H. OPTHALMOSCOPIC	W. SPINE, OTHER MUSCULOSKELETAL
I. PUPILS (Equality and reaction)	X. IDENTIFYING BODY MARKS, SCARS, TATTOOS
J. OCULAR MOTILITY (Associated parallel movements nystagmus)	Y. SKIN, LYMPHATICS
K. LUNGS AND CHEST	Z. NEUROLOGIC (Equilibrium tests under item 41)
L. HEART (Thrust, size, rhythm, sounds)	AA. PSYCHIATRIC (Specify any personality deviation)
M. VASCULAR SYSTEM (Varicosities, etc.)	BB. BREASTS
N. ABDOMEN AND VISCERA (Include hemia)	CC. PELVIC (Females only)
Vision:  R 20/ L 20/ Correcte  CLEARED FOR FULL PARTICIPATION—NO RESTR  Cleared after completing evaluation/rehabilitation for the completing evaluation evaluation for the completing evaluation for the completing evaluation evaluati	RICTIONS
Physician Physical Address	Physician Fax Number Physician E-mail Address
DENTAL EVALUATION	
(Place appropriate symbols, shown in examples, above or below num    1	X   X   X   Replaced     1 2 3   S 32 31 30   Dentures     2 3   S 32 31 30   Dentures     2 3   Dentures   2 3   Dentures   2 3   Dentures     2 3   Dentures
Dentist Signature	Date of Evaluation Dentist Phone Number



WYA-MED-3—PREPARTICIPATION PHYSICAL EVALUATION—MEDICALCLEARANCE



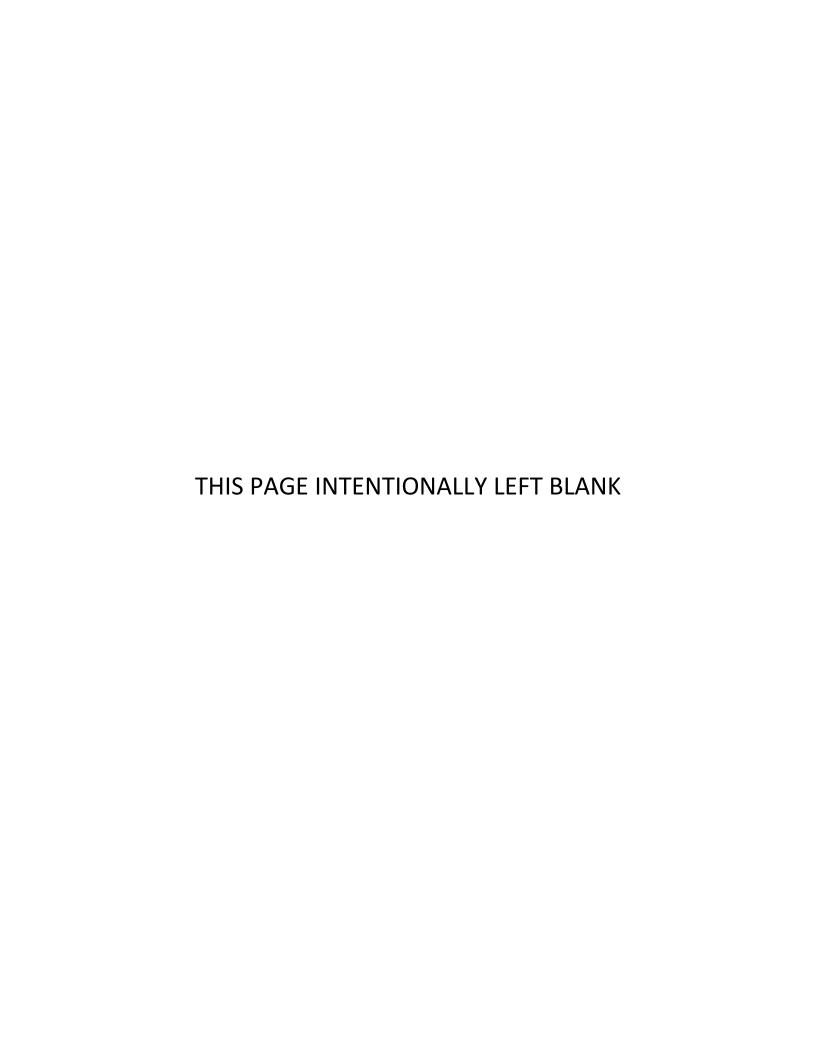
## IMPORTANT PHYSICAL HEALTH CLEARANCE REQUIREMENTS READ FULLY!

If you answered "YES" to questions: 1-4, 12, 15, 17-18, 20, 27, 30-31

Additional clearance is required for your participation in the Washington Youth Academy, a 22-week residential, quasi-military program.

### \*\*GIVE THIS PAGE TO YOUR PRIMARY HEALTH CARE PROVIDER TO FILL OUT AND SIGN\*\*

Student Full Name:	
Provider Full Name:	
Provider Phone:	
Provider Email:	
Provider Address:	
Student Diagnosis/Condition:	
Treatment Plan (to include all medication information and coping strategies):	
*TO BE FILLED OUT BY PRIMARY CARE DOCTOR ONLY*  **CHECK APPLICABLE BOXES AND INITIAL APPLICABLE BLANKS	S**
For Physical Health Clearance—(Questions 1-4, 12, 15, 17-18, 20, 27 or 30-31):	
☐ It is my professional opinion that there is no risk to the patient's health were they to partington Youth Academy, a 22-week residential, quasi-military program. They will be able to	-
Upper body workouts to include, but not limited to: push-ups, forward-leaning rest, claps, pull-ups and any other upper body workout that may be required.	overhead hand
Lower body workouts to include but not limited to: running, squats, lunges, jumping and any other upper body workout that may be required.	g, climbing, walking
☐ It is my professional opinion that this patient should NOT participate in this program.	
I understand that the Medical Department at the Washington Youth Academy may fication of any above condition or clearance, should they need.	contact me for clari-
Provider Signature	Date
Youth PRINTED Last Name Youth PRINTED First Name	





WYA-MED-3—PREPARTICIPATION PHYSICAL EVALUATION—MEDICAL CLEARANCE



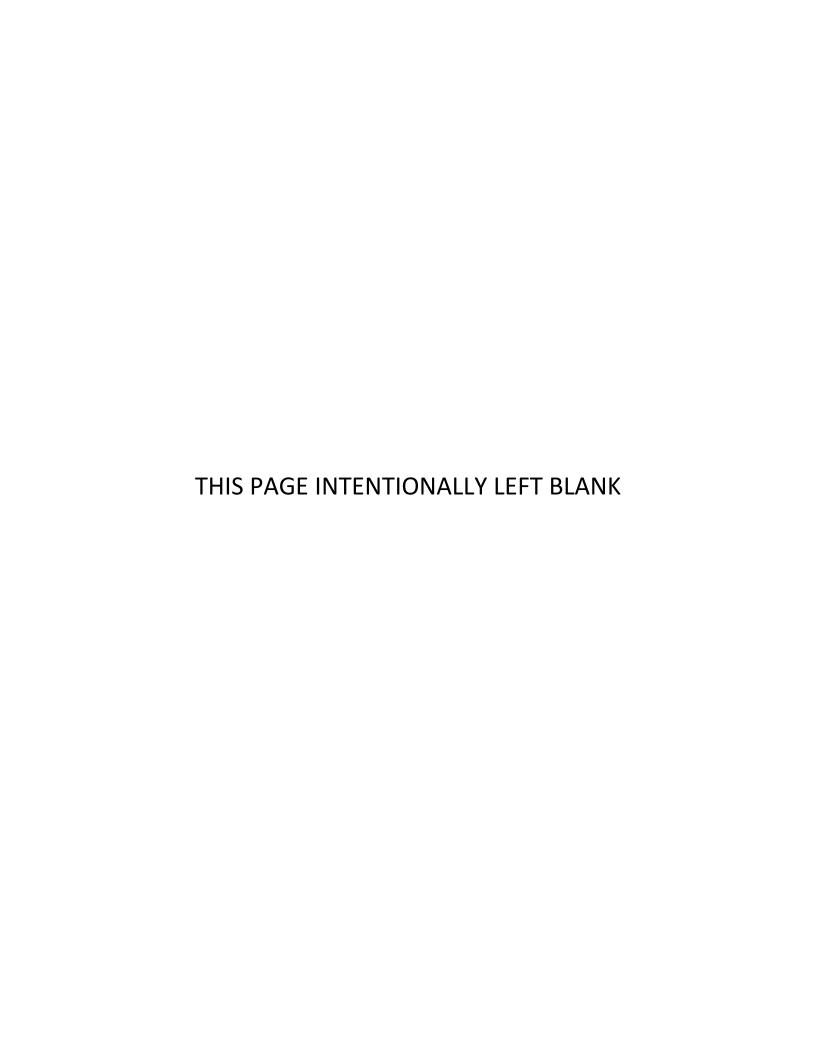
## IMPORTANT MENTAL HEALTH CLEARANCE REQUIREMENTS READ FULLY!

If you answered "YES" to questions: **46-49** 

Additional clearance is required for your participation in the Washington Youth Academy, a 22-week residential, quasi-military program.

### \*\*GIVE THIS PAGE TO YOUR MENTAL HEALTH CARE PROVIDER TO FILL OUT AND SIGN\*\*

Student Full Name:	
Provider Full Name:	
Provider Phone:	
Provider Email:	
Provider Address:	
Student Diagnosis/Condition:	
Treatment Plan (to include all medication information and coping strategies):	
*TO BE FILLED OUT BY PRIMARY <u>MENTAL HEALTH</u> CARE PROFES  **CHECK APPLICABLE BOXES AND INITIAL APPLICABLE BI	SSIONAL ONLY*
For Mental Health Clearance (Questions 46-49):	
Were or are there any agencies or counseling services involved? (circle one) YES f Yes: Agency/Counselor: Phone	
It is my professional opinion that there is no risk to the patient's mental health or to	
should the patient participate in the Washington Youth Academy, a 22-week resider	ntial, quasi-military pro-
gram. □ It is my professional opinion that this patient should NOT participate in this progra	m.
I understand that the Medical Department at the Washington Youth Academy cation of any above condition or clearance, should they need.	may contact me for clarifi-
Provider Signature	Date
Youth PRINTED Last Name Youth PRINTED First Nan	ne





### WYA-MED-4 CERTIFICATE OF IMMUNIZATION STATUS



### Instructions for completing REQUIRED Certificate of Immunization Status (CIS) Form

- 1. Clearly print in the first box Child's last name, first name, middle initial, birth date, sex.
- 2. Clearly print the full parent/guardian name in the box provided.
- 3. After completing steps 4 & 5, **sign and date** in the second box from the upper right corner, indicating that you certify the information you provided in the form is correct and can be verified by shot records or other health records.
- 4. Ensure a date is entered in the provided format for each vaccine box marked with a diamond (♠). Print the name of the vaccine in the column marked, "vaccine" and the corresponding date in the columns provided. Use the guide below if you are unable to provide a vaccine date for each number within a diamond-marked section. If the youth applicant does not meet the required vaccination criteria, ensure they get the required immunizations.
- 5. Include information for any recommended vaccines where indicated.

### **REQUIRED VACCINATIONS**

### DTaP/DTP/Td/DT

Must have **5 doses** of DTaP/DTP with the last dose **AFTER** 4<sup>th</sup> birthday. **4 doses** of DTaP/DTP are acceptable if the last dose is **AFTER** the 4<sup>th</sup> birthday.

### **Tdap**

1 dose of Tdap is required for students older than 11 years of age.

### Hepatitis B

Must have **3 doses**The series **CANNOT** be completed before **4 months** of age.

### **Polio**

Must have **4 doses** if all doses are **BEFORE** 4<sup>th</sup> birthday. **3 doses** are acceptable if the last dose is **AFTER** 4<sup>th</sup> birthday.

### Measles, Mumps & Rubella (MMR)

Must have **2 doses** with the first dose **AFTER** 1<sup>st</sup> birthday and the 2nd dose **AFTER** 13 months of age.

### **RECOMMENDED VACCINES**

Meningococcal (MCV) Varicella (Chicken Pox)



Date

Printed Staff Name

Date

Printed Staff Name

Printed Staff Name

Date

Printed Staff Name

Office Use Only: Immunization information updated

Pneumococcal (PCV, PPSV)

7 က 4

Human Papillomavirus (HPV)

Haemophilus influenzae type b (Hib)

2 က 4 and verified with parent/guardian permission:

WYA-MED-4 CERTIFICATE OF IMMUNIZATION STATUS

ºN □ Reviewed by: Date: Signed Cert. of Exemption on file? 

Note: Date: Office Use Only:

Date

DOH 348-013 January 2010 Certificate of Immunization Status (CIS)

If the child named on this CIS had chickenpox disease Mark option 1, 2, 3, OR 4 below – see, back #5 (and not the vaccine), disease history must be verified. Must be marked by printout (not by hand) to be valid certify that the information provided on 1) 
Chickenpox disease verified by printout 2) 🛘 Chickenpox disease verified by Health □ Signed note from HCP attached **oR** □ HCP signed here and print name below: this form is correct and verifiable. If you choose this box, mark 2A OR 2B below from CHILD Profile Immunization Registry Licensed health care provider (HCP) Signature Parent/Guardian Signature Required Age/Date of disease: Care Provider (HCP) (MD, DO, ND, PA, ARNP) HCP Printed Name: guardian approves Sex: Parent/Guardian Name (please print): Birthdate (mm/dd/yyyy): ▲ Please print. See back for instructions on how to fill out this form or get it printed from the Immunization Registry Year Varicella (chickenpox) or verify disease 1-4 Mumps, Rubella (MMR) Date Day Meningococcal (MCV, MPSV) Influenza (flu, most recent) Month Middle Initial: ₹ Polio (IPV, OPV) Dose Hepatitis A (Hep က 2 2 2 Measles, Vaccine Required for School and Child Care/Preschool ٠ Required for Child Care/Preschool Only B - 2 dose alternate schedule for teens First Name: DTP, DT) Year Diphtheria, Pertussis (Tdap, Td) Pertussis (DTaP, Date Day Month B (Hep B) Diphtheria, Tetanus, (RV1, RV5) Child's Last Name: Dose 7 2 62 2 7 က 2 60 4 2 Symbols below: Hepatitis Tetanus, Rotavirus Vaccine or Hep

If the child can show immunity by blood test (titer) and hasn't had the vaccine, ask your HCP to fill in this box. Date If you choose this box, staff must initial that parent or \*Can ONLY verify for some grades, see back #5 (4) Documentation of Disease Immunity staff from CHILD Profile Immunization Registry If you choose this box, fill in the date or child's age Chickenpox disease verified by school 4) 🗖 Chickenpox disease verified by parent I certify that the child named on this CIS has laboratory evidence of immunity (titer) to the diseases marked. Signed lab report(s) MUST also be attached. Licensed health care provider (HCP) Signature (MD, DO, ND, PA, ARNP) Other when he or she had the disease: Polio Rubella Varicella **Tetanus** Mumps 00000 HCP Printed Name: Hepatitis B Hepatitis A Diphtheria Measles 00000

15





#### WYA-MED-5 UNDERSTANDING OF LIMITED MEDICAL SERVICES

**PURPOSE:** This form outlines the medical conditions that might prevent entrance or continued enrollment into the WYA and the policies and procedures that govern how medications and medical services are provided to the students..

OVERVIEW:
The Washington Youth Academy is NOT a hospital, medical, dental or mental health clinic. We have a regis-
tered nurse on staff but not a medical director. For this reason, we are unable to accept applications from
individuals who require ongoing medical or dental care for conditions that originated prior to arrival at the pro-
gram or that develop after enrollment that prevents their full participation on a daily basis. Minor illnesses and
injuries that arise during the program are handled on a "sick call" basis, much that that provided in a tradi-
tional school district. Students with more serious illnesses or injuries will be taken to a local clinic or hospital
emergency room as appropriate. Please note that if the illness or injury is serious it could jeopardize the stu-
dent's continued enrollment. The WYA does not have staff available to transport students to ongoing

APPLICANT/STUDENT NAME: \_\_\_\_\_\_ BIRTH DATE: \_\_\_\_\_

medical, dental or vision appointments or provide "ongoing" treatment or care. Students with medical issues that will impact their daily participation will be dismissed and sent home. Such students can reapply to a future class and compete for admission as long as they are in good standing in all other areas. Any periodic appointments for preventative medical, dental or vision care must be made when the student is at home during a scheduled break or "home pass". Appointments scheduled while home on scheduled breaks should not overlap with the student's scheduled time for return, as this will put the student at risk of not completing the required training and attendance for successful completion. These policies and procedures are intended and designed to ensure the safety, health and welfare of the applicant and thither students and staff of the WYA.

## IT IS IMPERATIVE THAT STUDENTS ARE FORTHCOMING AND HONEST ABOUT ALL MEDICAL AND MENTAL HEALTH QUESTIONS. THE FOLLOWING CONDITIONS, WHETHER DISCLOSED OR NOT MAY PREVENT ENROLLMENT IN THE WYA:

- Extensive use of multiple medications necessary to treat multiple conditions on a daily basis.
- Extensive dietary restrictions medically required by a physician.
- Previous or current injuries/surgeries that prevent daily participation in all physical and mental WYA activities.
- Dental conditions or appliances that will require near-term or ongoing treatment or that will impact the student's ability to participate in daily activities.
- Conditions or medications that adversely react to have side effects impacted by rigorous physical activity
  or seasonal weather conditions that may compromise the health, safety or welfare of the student or his/
  her fellow students and staff.
- Historic or current conditions requiring medical, psychological or psychotic intervention for suicide prevention, manic depression, anxiety, etc. The WYA does not provide mental health care services.

IMPORTANT NOTE: Participants must provide full and accurate information concerning any and all medical and/or psychological conditions—as outlined above—at the time of application and report any and all changes to said conditions prior to the beginning of the program.

A complete physical exam by a licensed medical examiner must be completed no more than 180 days from the beginning of the program. After the beginning of the program, if an undisclosed condition is identified, the student will be dismissed from the program and returned home. The WYA cannot and will not assume any financial or personal liability or risk for participants that have previous medical, physical or mental health conditions or disorders that could or would be impacted by the rigorous nature of the program.

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### WYA-MED-5 UNDERSTANDING OF LIMITED MEDICAL SERVICES

### POLICIES GOVERNING MEDICATIONS AND MEDICAL CARE

- All required prescription and non-prescription medications must be disclosed in advance during he application process.
- All potential side effects and limitations of required medications must be disclosed at time of application.
- A medical release (see medical forms provided by the program nurse) and approval to participate must be signed by a doctor and received by the Admissions Office before final acceptance can be issued.
- Parents/legal guardians are entirely responsible for all medical costs, including prescription medications and refills that may be incurred by the student while attending the WYA.
- Parents/legal guardians are responsible for all medical, dental, vision and psychological care before, during and after attending the WYA.

### MEDICAL INSURANCE POLICY

ment and State of Washington are NOT profor Youth Academy. Medical services provided by the Washington Youth Academy, Washin Initial I understand and ac provided by a billing medical or emergency cal testing, treatment/care, prescriptions, su vices. Initial If insurance coverage amounts, co-insurance, non-covered service er. I understand that if there is no insurance I agree to pay for all bills associated to med	e Washington Youth Academy, Washington Noviding any medical insurance coverage	Washington I NOT be paid Inton. I wedical services Services, medical services, medical services I washington
Primary Guardian Date of Birth		
-	<del></del>	
Primary Guardian Employer		
ACKNOWLEDGE	EMENT OF UNDERSTANDING	
I understand and agree to be responsible for all before and after participation in the WYA. In the I hereby empower and grand Washington Youth transport my son/daughter to a local medical climedical evaluation. I understand that, should medical evaluation. I understand that, should medical evaluation will be made to contact me be child reaches the age of majority, my consent for the contact medical costs, including acknowledge that I have read and understand the	e event that I cannot be contacted through real Academy staff permission to provide medical inic, urgent care center and/or medical institution with minor child need more invasive diagnostic defore such are initiated. I further understand to treatment is no longer required. I understand prescription medication (WYA Form 24). By	isonable efforts, I care and/or ion for further or surgical pro- hat, once my id that I am en-
Printed Name of Parent/Legal Guardian	Signature	Date
Printed Name of Student/Applicant	Signature	Date



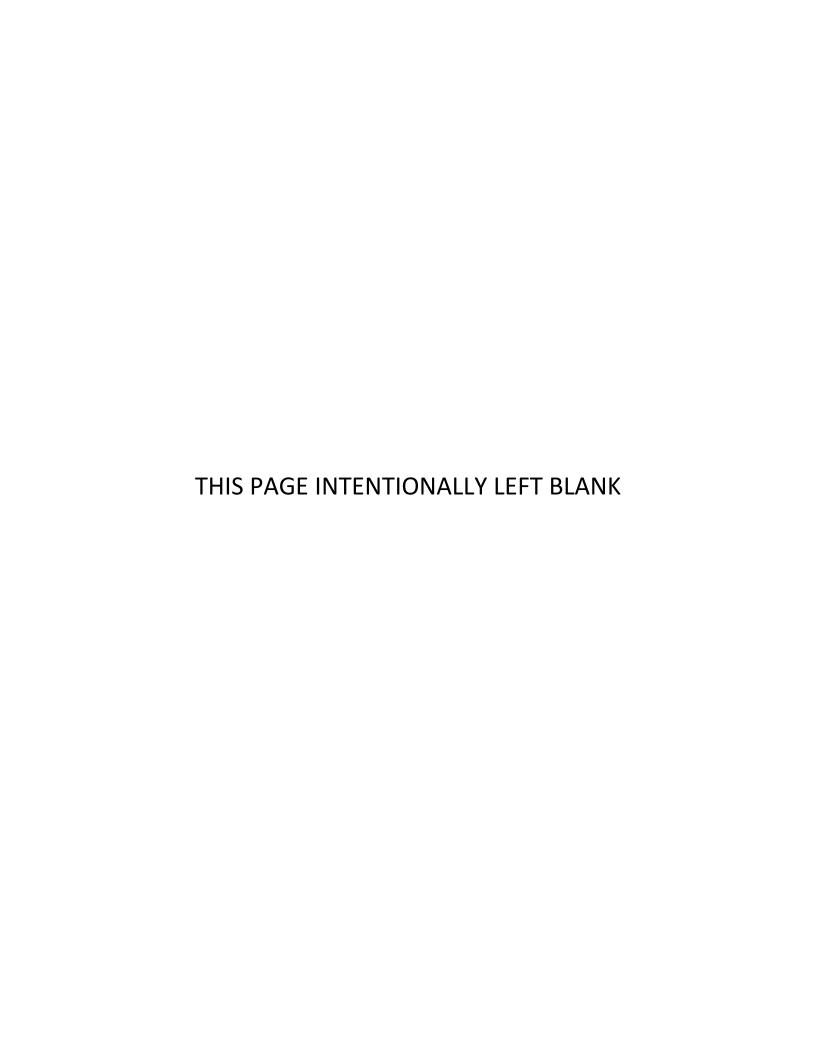


WYA-MED-6 AUTHORIZATION TO RELEASE MEDICAL INFORMATION KEEP A COPY FOR YOUR RECORDS!!!

**PURPOSE:** Authorizes your doctor/health care provider to release the results of your physical examination and other medical information forms completed during the examination process. WYA is not a rehabilitation program, nor do we provide anything more than limited medical services comparable to that of a school medical

I hereby authorize the use and/or disclosure of my individually identifiable health information as described below. I understand that this authorization is voluntary. I understand that the released information may be subject to re-disclosure by the recipients only as required to process a claim for benefits and no longer be protected by federal privacy regulations.

PATIENT/STUDENT NAME:	BIRTH DATE:	
Medical Provider: The Washington Youth Academy, located at 1207 Military Department and is authorized to receive a ry, treatment and physical or mental health exami release may be used by the Washington Youth Ac	and use the information in connection with mation. I further authorize that a photocopy	ny medical histo- of this medical
Specific description of information: complete meding, but not limited to: history and physical exam; tory reports; diagnostic test reports including, but films, inpatient admissions and discharge reports; cal services including: <b>Psychiatric Care, Alcohol a</b> may also affect my attendance in an intense resid	progress notes; office notes and letters; office not limited to: MRI, CT scan, bone scan, x-r and physical therapy. This information magnd Drug Rehabilitation and communicable of	ce chart; labora- ay reports or y include medi-
The purpose of use or disclosure of patient inform education program. Patient information may be u a treatment plan and/or litigate a claim. Patient in and representatives; to the Washington Youth Ace ent medical examiners and/or care providers cont insurance or health program coverage provided b action arising out of providing medical care, the Acany of my past or present health care providers.	sed or disclosed to determine, administer and iformation may be re-disclosed to the parties ademy and the Washington Military Departmented by the Washington Youth Academy; y the state of Washington; entities involved	nd/or <u>coordinate</u> s, their agents nent; independ- patient's private in any third party
<ul> <li>I understand that this authorization will expattendance or one year from the date of signa</li> <li>I understand that I may revoke this authorition in writing; however, such revocation will never revocation. Any use or disclosure made prior a revocation.</li> <li>I understand that I may refuse to sign this mation may affect the processing of my applice.</li> <li>I understand that I am entitled to receive a</li> </ul>	ature, whichever is first. It zation at any time by notifying the providence affect any actions the provider took before to the revocation of this authorization will not form; however, the lack of appropriate meation or attendance in the program.	ding organiza- re it received the ot be affected by
Printed Name of Parent/Legal Guardian	Signature	Date
Printed Name of Student/Applicant	Signature	Date







# YOUTH APPLICANT – USE PAGES 19 AND 20 AS GUIDANCE WHEN FINDING YOUR MENTOR!

Dear Washington Youth Academy Applicant and Parent(s),

The Washington Youth Academy is a 17 1/2-month program. The time spent living at the program site is called the residential phase. The 12 months after the cadet returns home is referred to as the post-residential or mentoring phase. During both of these phases the Cadet is required to be in contact with his/her Mentor weekly, beginning as soon as the two are officially matched. All Cadets must have a Mentor. No exceptions will be made. Your Mentor applicant(s):

- 1. Must be the same gender as the youth
- 2. Should be at least 25 years old
- 3. Must <u>NOT</u> be a member of the family (including parents, in-laws, significant others of parents, siblings, aunts, uncles, etc.), nor a current or past resident of the same address
- 4. Should live within a reasonable distance of where the youth will live during the **post-residential phase**. Reasonable distance is defined as the distance acceptable to both the Mentor and the youth
- 5. Must not have a criminal history involving sex crimes. Mentor must also be free of felonies and crimes involving alcohol or substance abuse within the last seven years.
- 6. Must have a desire to volunteer some of their time for the youth and the program.

Prior to acceptance you must recruit ONE DEPENDABLE ADULT ROLE MODEL - called a PRIMARY MENTOR - that meets the criteria listed above, and that can attend the four-hour Mentor Training. This training is available prior to the start of class at scheduled times. Your Primary Mentor Nominee should visit our website and print a Mentor Training Invitation during these months. It is your responsibility to keep your Primary Mentor Nominee informed about your acceptance status and to help him or her make it to training in time for the class you want to attend. Primary Mentor Nominees must complete training on or before the first day of the class. If these instructions are not followed, your application will be considered incomplete. The youth does not need to know the adult but should do the "asking" for their help. The "Finding A Mentor Brainstorm Worksheet" is provided on the next page for your use and has helped most youth find dependable Primary Mentor Nominee. We suggest the following as good sources for Primary Mentor Nominees:

- 1. Ask retired adults from your community.
- 2. Ask at local Churches for interested members.
- 3. Ask at local Civic Organizations (Lion's, Kiwanis, Rotary, Elk's, VFW, etc.).
- 4. Ask work associates, friends, or neighbors of immediate or extended family members.
- 5. Ask your community protectors such as firemen and police officers.
- 6. Ask National Guard members from your community.
- 7. Ask school teachers, counselors, coaches, ROTC leaders, military recruiters, and pastors.

	If you have any questions regarding any of the Mentor Application forms, or the mentoring program, feel from	еe
to cont	act me	

	C		

Assistant RPM Coordinate	or
1-877-228-8947 Option 2	

Youth PRINTED Last Name	Youth PRINTED First Name
TOURIT I MINTED EUSE NUME	





### FINDING A MENTOR BRAINSTORM WORKSHEET

Use this worksheet to help you network. Don't concentrate on what a mentor is or needs to do. Just fill in as many names of people that you or someone else may know. These do not need to be people that anyone knows well. Use the back if necessary. Get as many people as you can to help you fill in more names. The object is to come up with as many names as you can. Once finished, use the list to contact people and ask for help either to find an adult interested in mentoring, or to consider it themselves. Discuss the names with your family and pick your top three to five choices for a mentor. Contact them or ask someone that knows them better to introduce you. Explain that you are applying for a military-style academy to further your education and you need an adult teammate to mentor you. If they have questions that you are not sure about, be sure to give them the application anyway, and point out the toll-free number they can call to find out more before deciding. Follow up with them in a few days. If they agree to sign up, be sure and thank them. If they decline, be sure and thank them for thinking about it, and politely ask if they may know someone else who might be interested.

ay kilow sollieolle eise wilo illigi	it be interested.			
Dad's Friends	Mom's Friends	Brother's Friends	Sister's Friends	Parents of Friends
Uncle's Friends	Aunt's Friends	Cousin's Friends	Past/Present Work Associates	Work Associates of Parents
Work Associates of other Family	Neighbors	Neighbors' friends and family	Family/Friends that attend a church	Church friends of those members
Pastors	Retired People anyone knows	Teachers or people they know	Local Business Owners/Workers	Cell Phone Directories
Holiday Card Lists	Email Addresses	Community Leaders	Others	





### PRIMARY MENTOR NOMINEE VOLUNTEER – READ PAGES 21

## & 22 AND COMPLETE PAGES 23-30. RETURN COMPLETED APPLICATION TO THE ADDRESS ON PAGE 28 OF THIS APPLICATION PACKET.

#### **MISSION STATEMENT**

The mission of the Washington Youth Academy is to provide a highly disciplined, safe, and professional learning environment that empowers at-risk youth to improve their educational level and employment potential and become responsible and productive citizens of the State of Washington.

#### **BACKGROUND:**

The Washington Youth Academy (WYA) is part of the National Guard Youth Challenge Program, authorized and funded by the Department of Defense and conducted by the National Guard. The Youth Challenge Program was established in 1993 and there are currently 34 programs in 29 states and Puerto Rico (some states have more than one program). The goal of the program is to give dropouts a second chance to complete their high school education. One of the most important things you need to know is that the program is voluntary and a student/dropout has to apply and compete for admission. The WYA is not like a regular high school and it is not easy. It is a 22-week residential program conducted in a quasi-military format that provides our principles, structure, and emphasis on discipline and personal responsibility. The student is a member of one of three 50 person training platoons, lives in a dormitory, wears a uniform, meets military grooming standards, observes military customs and courtesies, does lots of marching, and perhaps most importantly he/she is held accountable for their words and actions. The staff is caring, dedicated, trained, and committed to helping the student; they understand and appreciate the courage and commitment it took to make the decision to attend the WYA. They will do everything they can to help the student succeed; however, they will not cut the student any slack or go easy on them in terms of meeting our high standards. The staff uses a "hands off" approach that is tough and disciplined, yet caring and respectful, to instruct, train, and motivate the student. After graduating from the WYA, the student continues to work with an adult mentor in a positive relationship that supports the student in applying the positive values and new skills acquired during the 22-week residential phase. This post-graduation mentoring phase is a major factor in the overall success of the Youth Challenge Program and we devote a significant amount of staff time and attention to supporting the mentoring program. NOTE: Each student is required to have a mentor to attend the WYA and we cannot complete processing their application without having an approved mentor. Mentors must complete their training on or before the first class day.

### WHAT IS MENTORING?

Mentoring is a positive one-on-one relationship between a youth and an adult that provides emotional support, advice, and guidance to help the younger person deal with the challenges of life. The goal is to help the young person gain the skills and confidence to deal with those situations and be able and responsible to make good choices in the future. Examples of challenges and situations where a mentor's advice and guidance could be important, if not critical, include: making education and career choices; seeking, performing, and holding a job; managing personal finances; owning a home or renting an apartment; teen pregnancy and parenting skills; substance abuse; etc. Your role is not to replace a parent or guardian, but to provide additional information and perspectives that might not be available to the child.

#### WHAT'S EXPECTED OF YOU AS A MENTOR FOR A WYA STUDENT?

If you agree to be a mentor for a specific student, or want to be considered for a mentor position with a student/applicant, you're making a commitment of time, attention, and some expense. We can't quantify any of these, however, in terms of the potential impact you could have on a young person's life the cost is negligible and the rewards are immense. As a mentor you can plan on the following:

- Submit an application providing all requested information.
- The WYA staff will review the application and references and coordinate the required background check.
- Complete a convenient ONLINE training course (10 15 minute blocks of instruction) and notify WYA staff.

		• )
outh PRINTED Last Name	Youth PRINTED First Name	





- Attend one mandatory half-day training session (four hours) at the WYA in Bremerton WA. You'll be trained on
  the WYA specific requirements of the mentoring program. This training will be offered on scheduled dates
  posted on our website, usually from 8:30am to 12:30pm on a weekday and at a time to be announced on a
  weekend in December/ January and June/July.
- Maintain weekly contact with the student/mentee during the residential phase primarily via letter.
- Maintain an average 2 hours a month of personal contact with your student/mentee during scheduled home passes, mentor-specific visitations, and/or through attendance at graduation. (Certain exceptions may apply.)
- After graduation, maintain weekly contact with the student/mentee for the next 12 months, with a minimum of
  four (4) hours of face-to face contact each month. Once a month you'll submit a brief On-line report of the
  student/mentee's progress. This is when the student/mentee needs you the most and your time investment is
  most critical to their continuing development and future success.
- IF YOU CANNOT MEET THESE EXPECTATIONS-PLEASE DO NOT APPLY.

#### **GOALS OF MENTORING A STUDENT/GRADUATE OF THE WYA:**

- 1. Create a positive one-on-one relationship built on trust, honesty, and open communication.
- 2. Maintain regular/on-going contact with the student throughout the program to help them keep their focus on building, implementing, and attaining the goals they set for themselves while attending the Academy.
- 3. Help the student understand and embrace the positive qualities and traits of a responsible citizen and a successful student, employee, parent, etc.
- 4. Be a listener; earn the Cadet's trust; provide advice and guidance as the student makes decisions and deals with the inevitable issues and challenges of life.

### MANDATORY ELIGIBILITY REQUIREMENTS TO BE A MENTOR:

- Should be a resident of Washington State.
- Should be at least 25 years old (some exceptions apply; former graduates must be at least 21 years old).
- Must be of the same gender/sex as the student/applicant.
- Must <u>NOT</u> be a member of the family (including parents, in-laws, significant others of parents, siblings, aunts, uncles, etc.), nor a current or past resident of the same address.
- Mentor must live within a reasonable distance to where the student/applicant will live during the postresidential phase (usually their hometown). This is to minimize travel.
- Must not have a criminal history involving sex crimes. Must also be free of felonies and crimes involving alcohol or substance abuse within the last seven years.
- Willing to MEET EXPECTATIONS OUTLINED ABOVE for up to 17½ months with four contacts per month, 4-hours personal contact each month during post-residential phase.

#### **DISQUALIFYING FACTORS:**

- A history of arrest or conviction for a sex offense.
- A felony conviction within the last seven years (case by case consideration beyond that).
- Any alcohol, drug, or substance abuse within the last seven years.
- A history of domestic violence (reports, charges, convictions).
- Failure to follow through on commitment on previous WYA or ChalleNGe mentorships.

### **SUBMITTING AN APPLICATION:**

If you are interested in becoming a mentor and are able to commit to the youth and to the program, please complete the attached application forms. Please note and understand that we must ask for personal and sensitive information in the application process. This information will be used to conduct a criminal background check and a sexual offender registry check by law enforcement agencies. The application forms and the information therein will be kept confidential and will only be disclosed to law enforcement agency personnel.

Youth PRINTED Last Name\_\_\_\_\_\_ Youth PRINTED First Name\_\_\_\_\_\_ 2



# Washington Youth Academy Application WYA-MENTOR 1 - PROSPECTIVE MENTOR INFORMATION



NAME OF STUDENT YOU WOULD LIKE TO

MENTOR:		
	PROSECTIVE MENTOR	INFORMATION
MENTOR NAME:		Gender: M / F Date of Birth: / /
A	/hite (Not of Hispanic Origin) merican Indian/ Alaskan Native ispanic	Black Pacific Islander Asian Other/Multi-Racial
Home Address:	Mailing Address:	Home Phone:
Street	Street	Cell Phone:
City, State Zip Code	City, State Zip Code	Work Email:
Marital Status: Marr		Single Widowed Years Months
What other states have you live	-	
Are you related to this youth Parents' Significant Other)? I how:	_	S NO
Are you an employee of Was Academy (WYA), or spouse o	f a WYA employee?	
Do you speak more than one If Yes, what language(s):	language: L YES	S NO
EMPLOYER NAME:		Employer phone number:
Address:	City:	State: Zip code:
Job title:	Dates of employ	ment: / / To / /
Employment Status:	Full Time Volunteer	Part-Time Temporary Retired Unemployed
EDUCATION: High S	chool Graduate 🗌 Yes 🗌 No	GED Yes No Year:
College/Univ. or Tech.:		Degree: Associate Bachelors Masters Degree Degree Degree Degree
Years Attended:		(Circle One) Other: (Explain)
If this match is not successfu	I would you consider mentoring	another youth from your area? Yes No





If you have any questions or concerns about the WYA, please call our Mentoring Office at 1-877-228-8947

#### WYA-MENTOR 2 - MENTORING AGREEMENT

PURPOSE: This document must be signed in the presence of a legal guardian of the youth, the youth applicant, and the primary mentor applicant. This agreement provides the essence of why you and your youth will enter into this mentoring relationship. As a volunteer mentor prospect, you should know that your application and eventual training does not guarantee your youth will be accepted into the program, or will complete the program if they are accepted. Entering the mentor screening process through application and training will nonetheless send a very strong message to the youth that you care for their future and their success. Official mentoring will start from the "match" as designated by the academy only. If a student fails to complete the program, official mentoring will cease, but friendships cannot be mandated or managed. The parents/guardians, youth, and mentor nominee will decide in such circumstances the degree of the adult volunteer's involvement.

The V	VYA Mentor and Youth Applicants agree to:					
	matched by the WYA RPM department. (These s paperwork from both, adult background check, r	ass begins and during the steps before being officially teps include mentor training, youth training, complete mentor screening, notification of approval, and a facend time alone unless the legal guardian approves or				
	During the Residential Phase, have at least <b>one</b> of begin our match (may be during the home pass a	off-site visit before the thirteenth week to officially around the $6^{th}$ or $7^{th}$ week).				
	Commit to maintaining weekly contact through I communication permitted by the academy until					
	Spend time together in person at least four hour and if the student returns to the hometown com	rs per month during the Post Residential Phase when imunity.				
	Work together in any revision of the Cadet's Pos	t Residential Goals.				
	Notify each other in advance, if it is impossible to keep an appointment.					
	Do our best to get to know, trust, respect, and communicate with each other.					
	Allow the WYA staff to mediate if the match has to end early for any reason.					
	Update the WYA staff monthly, at the end of our 17 ½-month agreement, decide our plans, and celebrate our time together.					
	Understand that the mailing address and phone by program staff in order to meet contact requir	number of both the mentor and mentee will be shared ements.				
	nderstand these terms of the Mentoring Agreeme ington Youth Academy.	nt and will abide by them if officially matched by the				
ChalleNo	Ge Mentor Applicant PRINTED	ChalleNGe Mentor Applicant Signature and Date				
ChalleNO	Ge Youth Applicant PRINTED	ChalleNGe Youth Applicant Signature and Date				
Youth Ap	pplicant's Legal Guardian PRINTED	ChalleNGe Youth Applicant's Legal Guardian Signature and Date				





### WYA-MENTOR 3 - MENTOR TRAINING COMMITMENT

**PURPOSE**: Training is offered three to four times prior to each class here in Bremerton. It is also conducted in conjunction with mandatory Orientation for the youth and family. Please ensure the youth and family can reach you as soon as they are invited to one. Alternately, you may call our offices for available dates or visit www.mil.wa.gov/wya and download a training invitation from the "Mentor" section for dates of training. If you miss out on a scheduled training date, contact the Assistant RPM Coordinator at 1-877-228-8947 or email at MentorReport@mil.wa.gov. *After reading this statement, please initial each line below acknowledging your training requirement.* 

listening ear, caring heart, and positive adult role model. I will do my best to set a good example and follow through with my commitment regardless of the youth's progress.
(Initial) I am committing to this WYA applicant and will attend the four-hour Mentor Training. I understand that as a mentor applying in conjunction with a youth, I must reserve a training date and location with the mentoring office by phone or email (provided above) before the first day of the class. I realize that I must complete my training before the first day of the class.
(Initial) I understand that my training requirement will prepare me for the Washington Youth Academy mentoring relationship and that in attending I am planting a seed of hope in the life of this youth.
(Initial) I accept the possibility that the youth may not act as responsible as I would like in the beginning of our relationship, that my efforts may not be repaid by his or her gratitude during this time, and that if the youth quits at any time I am welcome but not obligated to continue in the mentoring program.
(Initial) I have reviewed the ONLINE training requirement on the Washington Youth Academy website (www.mil.wa.gov/wya) and have either begun this training at my own leisure or will begin it within the next few weeks. I understand this is a pre-requisite to attending the mandatory ONSITE training in January or July and that all this must be completed prior to my prospective youth applicant beginning the class cycle.
(Initial) I will contact the mentoring office at 1-877-228-8947 and RSVP for a training date.





WYA-MENTOR 4 - MENTOR ELIGIBILITY PRE-SCREENING

**PURPOSE**: This form asks direct questions about your background that must be answered in order for us to conduct the necessary background check. The questions are necessarily personal and sensitive—as would be expected when the safety and security of a young person is involved.

### NAME OF THE STUDENT APPLICANT YOU WISH TO MENTOR:

In order to process your application to be a mentor for to a student attending the WYA, we must conduct a reference check and a criminal background check and sexual offender registry check. The information listed on the Prospective Mentor Information (WYA Form 8) and this document is used to conduct the background investigation. The WYA staff will not disclose this information to any third party not involved in conducting that investigation. The WYA does not discriminate on the basis of ethnicity, color, creed, sex, age, or religion.

discriminate on the basis of ethnicity, color, creed, sex, age, or religion.  NAME:	
Have you ever been arrested for a sex-related crime?  If YES, explain the incident and specify the state and date in which it occurred:	] NO
Have you ever been convicted of a sex-related crime?  YES	] NO
Have you ever been arrested for a crime involving force and/or minors?  If YES, explain the incident and specify the state and date in which it occurred:	] NO
Have you ever been convicted of a crime involving violence or threat of violence?  If YES, explain the incident and specify the state and date in which it occurred:	YES
Do you have a history of physical abuse and/or domestic violence?  If YES, was a police report filed?  If YES, were charges filed?  If YES, were you convicted?  YES  NO  YES  NO  NO  NO	<ul><li>Does not apply</li><li>Does not apply</li><li>Does not apply</li></ul>
1, 11, 11	
Have you ever been convicted of a crime involving drug activity or alcohol related offenses?  If YES, explain the incident and specify the state and date in which it occurred:	L YES NO
Do you have a history of alcohol, drug, or substance abuse?	YES NO
Have you ever been convicted of a crime, other than a minor traffic violation?	YES NO
If YES, What was the crime? Date: / /	Outcome?
Have you been arrested for a crime and are awaiting formal filing of charges or trial?	YES NO
If YES, what was the arrest for? Current Status?	

\*\*Please attach a photocopy of your Driver's License and valid Driver's Liability
Insurance Card. Processing of your application may be delayed if not provided
with this form.\*\*





WYA-MENTOR 5 - MENTOR LIABILITY RELEASE

**PURPOSE**: This form advises you that you are agreeing to hold the State of Washington/Washington Youth Academy harmless for injuries, damages and/or losses you incur as a result of volunteering to become a mentor and participating in mentoring activities. It also explains that as a mentor you are not considered an agent, employee or representative of the Washington Youth Academy and therefore not covered under any state/agency insurance or Labor and Industries disabilities coverage for any expenses, injuries damages, or losses you incur as the result of your participation as a mentor.

Volunteer Mentor Activities. I understand and agree that while volunteering as a mentor I will be engaging in school-based and community-based mentoring activities with my matched Youth Academy Cadet Mentee. I understand that these activities may include a variety of interactions between my mentee and myself to include; letter writing/email correspondence, telephone calls, and day visits on and off Washington Youth Academy (WYA) campus during the residential phase. These activities may have inherent risks such as physical activities, community service projects or recreational activities. I recognize that I must exercise care in supervising my mentee during the residential and post-residential phase of the mentoring relationship; including planning and selecting the type of activities we participate in during our visits together. Further, I understand that the goal of mentoring is to develop a positive adult/youth relationship. I agree that I am responsible for choosing and conducting all activities with my mentee, and I agree that such activities will be legal and focus on trust and relationship building, open communication, mentee social skill building, and other related activities will be conducted in the State of Washington during both the residential and Post Residential Activity Phase (P-RAP).

Volunteer Mentor Status. I also understand and agree I am not an agent, employee or representative of the State of Washington/ WYA in my capacity as a mentor, nor will I claim to be such a representative, officer or employee of the WYA. I will not make any claim of right, privilege or benefit that would accrue to such an employee. I do not expect to receive any monetary wages for services rendered during the mentoring period and understand as a volunteer I am not covered for any injury, damage or loss suffered while acting in the capacity as a mentor. I understand that if I use my private motor vehicle in the course of my volunteer mentor duties, it is my obligation to obtain and maintain state required liability insurance to cover any accidents involving my vehicle and to maintain the appropriate legally required vehicle operator's license. I further understand that it is my responsibility to obtain and maintain insurance policies for damage, loss or liability on all personally owned, leased or rented equipment I use while performing as a volunteer mentor. Washington Youth Academy, Washington Military Department and the State of Washington will not provide any liability or other insurance coverage.

<u>Hold Harmless</u>. The Mentor will hold harmless the Washington Youth Academy, Washington Military Department, State of Washington, and its employees while performing his/her mentoring activity, from any and all costs, claims, judgments, and/or awards of damages (both to persons and/or property), which may accrue to or be suffered by any person(s), or property, arising out of mentoring activities.

The Mentor agrees to and hereby does waive any and all claims for personal injury and damages or losses to property, including expenses or lost revenues, in connection with mentoring activities.

In case any claim, suit or action is brought against the Washington Youth Academy, Washington Military Department, State of Washington, and its employees, arising out of the mentoring activity, the mentor shall, upon notice of such claim, suit or action, defend the same at his/her sole expense and satisfy any judgment and/or award of damages.

This indemnification and waiver shall survive the termination of this release.

Mentor's Signature	Date
Printed Name:	

IF NOT SIGNED, THIS APPLICATION WILL NOT BE ACCEPTED





**PURPOSE**: The following two (2) forms are to be completed by the mentor's references. You need **one professional and one personal reference to complete the application.** 

The following two pages may be removed and given to the references to fill out. References may be returned to you to be included with your mentor application or they may be filled out by your references and returned directly to the Washington Youth Academy by mailing them to our address at:

Washington Youth Academy Mentoring Department 1207 Carver Street Bremerton, WA 98312

Please take a moment to complete the following spaces on the next two forms and then ask a personal and a professional reference to complete them for you: Names of student, mentor applicant (that's you) and print your name in the first paragraph.



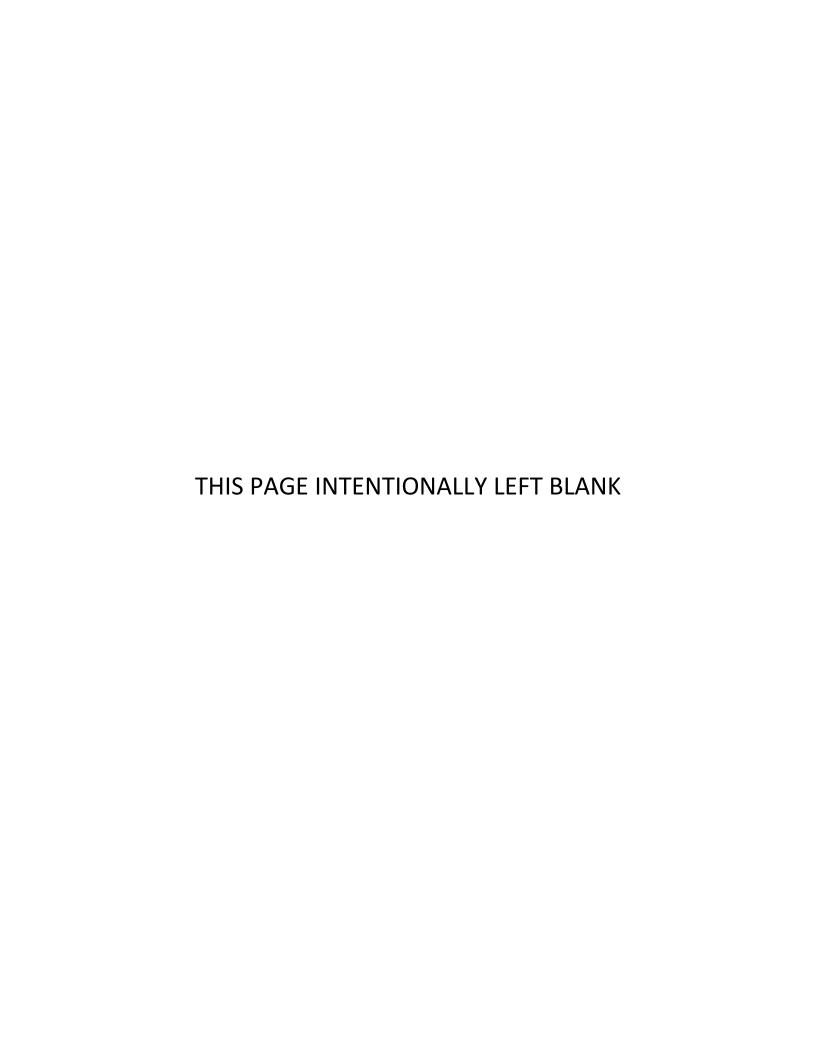


### WYA-MENTOR 6 - MENTOR REFERENCE PROFESSIONAL

NAME OF THE STUDENT TO BE MENTOI	RED:					
NAME OF MENTOR APPLICANT:						
NAME OF REFERENCE:						
(Mentor Applicant)	is applyin	g to be a ment	or for a stude	ent attending	the Washington	n
Youth Academy. In processing this applic emotional stability, etc. Please answer th confidence. If you have any questions, ca	ese questions car	refully and tho				
How long have you known the mentor a	pplicant?	Year	S	Months		
Title & Organization from where you known mentor: (ie: Manager, Safeway)	wc					
As far as you know, does the mentor app	plicant have a goo	od home envir	onment?		☐ Yes	☐ No
Does the mentor applicant work well wi	th others?				Yes	☐ No
Being a mentor for a youth in the WYA r  Do you feel this mentor applicant has tir		-		7.5 months.	Yes	☐ No
Do you feel this mentor has a tendency				any projects?	Yes	☐ No
Please rate the mentor applicant in the fo	ollowing areas:					
	Excellent	Good	Average	Poor	Unknown	
Character						
Morals						
Compassion						
Completes commitments						
Emotional stability						
Reachable (returns calls, emails, etc.)						
Would you recommend the mentor app Would you want the applicant to mento	_		_	ger?	Yes Yes	☐ No
SIGNATURE:						
Reference's signature	<u></u>		Date	e		
				nhone Number		

Telephone Number

You can either return this form to mentor applicant or send it directly to the WYA Mentoring Office: Washington Youth Academy Mentoring Office, 1207 Carver Street, Bremerton WA 98312







### WYA-MENTOR 7 – MENTOR REFERENCE PERSONAL

NAME OF THE STUDENT TO BE MENTOR	ED:					
NAME OF MENTOR APPLICANT:						
NAME OF REFERENCE:						
(Mentor Applicant)	is applyin	g to be a men	tor for a stuc	lent attending	the Washington	า
Youth Academy. In processing this applica emotional stability, etc. Please answer the confidence. If you have any questions, call	se questions car	refully and the		_		
How long have you known the mentor ap	plicant?	Yea	rs	Months		
What is your relationship to the applicant	:?					
As far as you know, does the mentor app	licant have a goo	od home envir	onment?		Yes	☐ No
Does the mentor applicant work well with	n others?				Yes	☐ No
Being a mentor for a youth in the WYA re Do you feel this mentor applicant has tim		-		17.5 months.	Yes	☐ No
Do you feel this mentor has a tendency to	o over-commit o	r become invo	olved in too r	many projects?	Yes	☐ No
Please rate the mentor applicant in the following	lowing areas:					
	Excellent	Good	Average	Poor	Unknown	
Character						
Morals						
Compassion						
Completes commitments						
Emotional stability						
Reachable (returns calls, emails, etc.)						
Would you recommend the mentor applicant to mentor	_			ger?	Yes Yes	☐ No
SIGNATURE:						
Reference's signature			Da	te		

You can either return this form to mentor applicant or send it directly to the WYA Mentoring Office: Washington Youth Academy Mentoring Office, 1207 Carver Street, Bremerton WA 98312

